

# The Heart of the Matter...

## ...Our Residents

Elwood Care Center Royalty....



*Harlan & Jackie Gydesen  
Resident of the Month*

Harlan and Jackie Gydesen were married September 12, 1958. Jackie was born September 23, 1938 in Elwood to Keith and Eleanor Leggott. Jackie graduated from Elwood High School and Kearney State Teachers College. She taught kindergarten for two years.

Harlan was born May 26, 1933 in Holdrege to Gene and Lucille Smith. Lucille passed away shortly after giving birth and Harlan was raised by Amos and Gertie Gydesen of Elwood.

Harlan and Jackie were blessed with three sons: Kent, Kelly and Kern. Harlan and Jackie are blessed with four grandsons and three granddaughters.

In 2008, Harlan and Jackie celebrated their 50<sup>th</sup> anniversary. We are please to honor Jackie and Harlan as 2015 King and Queen.



### Elwood Care Center Board of Directors

*Chairman, Betty Koenig  
Nina Anderson  
Dick Bennett  
Bill Monter  
Dan Stoll*



## What is Hospice Care?

Hospice is about living. Hospice neither hastens nor postpones death, but affirms life, emphasizing dignity and comfort while enhancing quality of life for the person coping with a life-limiting illness. Hospice is a choice on how a person wants to live. Hospice treats the person, not the disease and focuses on the entire family, not just the individual. The hospice team provides medical, emotional and spiritual support to the person and their families. Hospice helps manage physical symptoms & provide the doctor with the clinical information needed to oversee the person's care, helps the person and their families understand the many emotions they will experience, gives one-to-one attention to the person by sharing the valuable gift of time, support the person's spiritual beliefs and assist in meeting spiritual end-of-life needs and they stay in touch with families for 13 months as they grieve their loss after a loved one's death. Hospice care may be delivered in the person's home, hospital, nursing home, assisted living or a hospice facility. Hospice care may be covered by Medicare, Medicaid or private insurance. Hospice can provide durable medical equipment needed for the individual such as: oxygen, incontinent supplies, air mattress, walker, wheelchair, shower chair, commode, etc...

## Who is a candidate for hospice services?

Someone who:

- Has a life limiting illness; cancer, final stages of chronic diseases like emphysema, diabetes, Alzheimer's, dementia, heart disease, HIV/AIDS and neuromuscular, kidney and liver disease
- Is under the care of a doctor
- Chooses comfort care that manages symptoms rather than aggressive treatment focused on a cure
- Chooses hospice services

## What to look for:

- Continued decline in health despite treatment
- Multiple hospital stays or emergency room visits in the past six months. New diagnosis following hospitalization or diagnostic evaluation.
- Changes requiring multiple calls to physician for new medication, laboratory or treatment orders
  - Increased or uncontrolled pain & unintended nausea

## New Residents

Twila "Tweet" Phillips

## Staff Birthdays

Amanda Klein—9<sup>th</sup>

Ashley Polen—9<sup>th</sup>

Shirley VanWaardhuizen—14<sup>th</sup>

Alexa Chrisinger—21<sup>st</sup>

Dorothy Hergenreder—21<sup>st</sup>

Peter Riciotti—31<sup>st</sup>

## Residents Birthday

Shirley Walker—12<sup>th</sup>

**Like us on Facebook to see what is happening at Elwood Care Center.**

If you'd like to be added or taken off our mailing list, please email [eccpamw@atcjet.net](mailto:eccpamw@atcjet.net) or call 785-3302

Excellence in Care & Compassion

Hospice (cont)

- Repeat or multiple infections, unintended weight loss, weakness and fatigue, shortness of breath, difficulty swallowing, changes in mental status, decline in mobility and loss of ability to perform self-care

**Elwood Care Center's role in hospice:**

- The facility utilizes a systematic approach for recognition, assessment, treatment and monitoring of Hospice care.
- To assure that the resident's receiving Hospice services receive coordinated care that provides the highest quality care and services possible in accordance with the resident's wishes.
- The facility will coordinate and provide care in cooperation with a physician and Hospice staff for all residents that elected the hospice benefit.

Information on Hospice was provided by Ascera Care Hospice through Kearney, Nebraska. Elwood Care Center utilizes a hospice agent of the resident and families wishes and preference. If you feel your loved one may benefit from hospice care, please contact Ashley-Social Service Director at Elwood Care Center and she will coordinate the care.



*Rod Buell brought in one of his baby pigs. Pictured above are Assisted Living Resident June Easterday.*

*In Loving Memory*



We would like to express our sympathy to the family of Anna Mae Wade. A memorial service was held in her honor.

Staff Years of Service

1 year

MaKayla Linder  
Sheila Mugan

3 Years

Dianna Linnemeyer

18 Years

Kate Peterson





**Activity Calendar  
Approved by the  
Resident Council**

**Friends and Family Welcome**

**“Special Events”**

**12th Merry Makers**

Sign Up Sheets for Monthly Shopping Trips, Senior Center Outings, and Van Rides are located at the Social Services Office. Make sure to sign up if you'd like to attend.

- Caring Hands 1:1 Visits Provided

**Activity Director:**  
Carolyn Houser  
**Activity Assistant:**  
Rita Dornall

# Elwood Care Center & Assisted Living March 2015 Event Calendar

Thursdays Are Beauty Shop Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 9:15 Church 9:30 Communion Family Visits World Compliment Day	2 9:15 Devotions Penny Ante 10:00 Refreshments 1:30 Wii 6:30 L. Welk Wheel of Fortune	3 9:15 Devotions Tater Peeling 9:15 Small Group 10:15 Refreshments <b>BirthDay Dinner</b> 1:30 Bingo (Win A Prize) 2:30 Refreshments 3:30 Caring Hands Visits	4 9:15 Devotions Write A Story 10:00 Refreshments 10:15 Exercise 2:00 Our Redeemer Lutheran Church 3:00 Social Hour 6:30 Wheel of Fortune	5 Allen at the Organ 9:15 Devotions Pre-schoolers 9:15 Small Group 10:00 Refreshments 1:30 Bean Bag Toss 2:30 Refreshments	6 9:15 Devotions Nebraska the Good Life 10:00 Refreshments 10:15 Exercise 1:30 Movie & Popcorn "The Holiday" World Day of Prayer	7 9:15 Devotions Card Bingo 10:15 Refreshments National Cereal Day	
8 <b>Daylight Savings Time Begins</b> 9:15 Church 9:30 Communion Family Visits International Women's	9 9:15 Devotions Sentimental Reflections 10:00 Refreshments 1:30 Wii 6:30 Stalter Brothers Wheel of Fortune	10 9:15 Devotions Bingo (5c Day) 9:15 Small Group 10:15 Refreshments 1:30 Beauty Hour 2:30 Refreshments 3:30 Caring Hands	11 9:15 Devotions Bible Study 10:00 Refreshments 10:15 Exercise 2:00 First Christian Church 3:00 Social Hour 6:30 Wheel of Fortune	12 Allen at the Organ 9:15 Devotions Baking Day 10:15 Tasting 2:00 Merry Makers "Joyce Torchia"	13 9:15 Devotions A Lucky Day 10:00 Refreshments 10:15 Exercises 1:30 Movie & Popcorn "All Roads Lead Home"	14 National Potato Chip Day  <b>Shirley V-B</b>	
15 9:15 Church 9:30 Communion Family Visits National Peanut Lovers	16 9:15 Devotions Find A Word 10:00 Refreshments 1:00 The Beverly Hillbillies 2:00 Refreshments 6:30 Wheel of Fortune	17 <b>St. Patrick's Day</b> 9:15 Devotions An Irish Party 10:15 Refreshments 1:30 Allen Sings 2:30 Geri's cookies 3:30 Caring Hands 6:30 Wheel of Fortune	18 9:15 Devotions Oatmeal Cookies 10:00 Refreshments 10:15 Exercise 2:00 Eusils United Methodist Church 3:00 Social Hour	19 Allen at the Organ 9:15 Devotions Hymn of Easter 10:15 Refreshments 12:30 All Staff Meeting 1:30 All Staff Meeting	20 <b>Spring Begins</b> 9:15 Devotions My Folks Came in a Covered Wagon 10:00 Refreshments 10:15 Exercise 1:30 Movie & Popcorn "Riding the Bus with My	21 9:15 Devotions Family Feud 10:15 Refreshments World Down Syndrome Day  <b>Alexa C-B</b>	
22 9:15 Church 9:30 Communion Family Visits National Goo Off Day	23 9:15 Devotions Nebraska the Good Life 10:00 Refreshments 1:30 Wii 6:30 Wheel of Fortune Travelers	24 9:15 Devotions Over the Fence Visits 10:15 Refreshments 1:30 Bingo (Win A Prize) 2:30 Refreshments 3:30 Caring Hands 6:30 Wheel of Fortune	25 9:15 Devotions Pre-schoolers 10:00 Refreshments 10:15 Elwood United Methodist Church 3:00 Social Hour	26 Allen at the Organ 9:15 Devotions Wilbur Sayles & Words of Assurance 12:00 Staff Training 1:30 Music in Dining Room	27 7:30 Staff Training 9:15 Music in the Dining Room 1:30 Movie & Popcorn "The Notebook"	28 National Black Forest Cake Day	
29 <b>Palm Sunday</b> 9:15 Church 9:30 Communion Palm Sunday Family Visits	30 <b>Doctors' Day</b> 9:15 Devotions Card Recycling 10:00 Refreshments 1:30 Wii 6:30 Wheel of Fortune L. Welk Easter	31 9:15 Devotions Bingo (Win A Prize) 10:15 Refreshments 1:30 Daniel O'Donnell 2:30 Refreshments 3:30 Caring Hands 6:30 Wheel of Fortune  <b>Peter R-B</b>				<b>Birthstone:</b> Bloostone <b>Flowers:</b> Jonquil <b>Colors:</b> White	