

The Heart of the Matter...

...Our 2014 Royalty—Cliff Hagan and Doris Elliott



Cliff Hagan was born April 19, 1928 to Frank and Claire Hagan in Eddyville, Nebraska. He is from a family of 26 brothers and sisters. They moved to Lexington where Cliff attended school.

He married Louise Hanson on June 19, 1948 and together they had four children—Vivian, David, Michael and Patrick. Eventually they left the Lexington and Gothenburg areas and moved to Sutherland where all four children graduated from high school.

Cliff drove truck starting out driving for someone, but soon owned his own and drove independently. He did this for many years. He sold his trucks to go to work for Consolidate Freight and retired from there.

Cliff enjoyed being outdoors spending hours in his garden. He has grown some of the biggest and best vegetables you can imagine. Ask him about some of the potatoes and carrots he raised. He could plant a lawn and have it looking immaculate in a short time. Pretty sure he is one of the very few who can grow grass on a rock!

He enjoys boating and fishing especially when he can do it with his kids. Cliff enjoys visiting with friends and family and being entertained by his grandkids.

Anna (Doris) Marshall Elliott was born July 10, 1920, on the family farm northeast of Eddyville, Nebraska. She was third in line of 11 children born to Marion and Nellie (Lahm) Marshall. As part of the family farm is Buzzard Roost. Eddyville holds a Trail Ride through Buzzard Roost each year. History of Dawson County wasn't left out of the name Buzzard Roost either and it is still in the family.

Among Doris' siblings include William (Maurice) of Mohave Valley, Arizona, Vernon (deceased), Arlene Peterson of Kearney, Helen Elliott (deceased), Betty Hagan of Lincoln, Bonnie Meyer of Callaway, Allen Lee (deceased), Lois of Loveland, Colorado, Melvin (deceased) and Bill of McCook.

After graduating from Eddyville High School, Doris attended Kearney State College a winter and summer to begin her 35 year teaching career, all in rural schools. She taught 2 years in Custer County then moved to South 22 northwest of Lexington. At the same time her sister, Arlene at North 22. Somewhere in there she met and married Gerald Elliott on October 11, 1942 at Methodist Church known then as Evangelical United Brethren Church in Eddyville. Doris finished out the school year and they moved to a home near Kearney. Then they decided to move to Riverdale so they could live on the Elliott family farm. Marilyn became the firstborn, then two years later Gale arrived. When Marilyn entered kindergarten Dist. #24 and since Doris had a year left on her teaching certificate, she was hired.

The struggles of farming brought Doris back to Kearney State to renew her teaching certificate 5 years later and received her degree in 1970.

Doris has 6 grandchildren; 9 great grandchildren and 1 great-great grandchild.

Elwood Care Center Board of Directors

Chairman, Betty Koenig
Nina Anderson
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Getting to know our Staff....



Regina Toledo has worked as a cook in the Dietary Dept. for 21 years. She has been in long term care for the same amount of time.

The residents are Regina's favorite part of her job. She feels like they are her family.

People may not know that she loves to read and do jigsaw puzzles. She was a missionary to Chile, South America for 3 years. She very much enjoyed the Chilean culture. She also spent 3 years in the Army.

Regina's hometown is Stratton, Nebraska. None of her relatives have lived in ECC.

Regina has been married for 25 years to Juan Toledo. They have a son, Matthew who is 23 and daughter, Bianca who is 7.

Some of her hobbies are reading, spending time with her family, working on her computer and Bible Study.

Favorite vacation spots for Regina are the Black Hills, Costa Rica and Chile would be next.

Her favorite food at work is Chicken and Dumplings and meatloaf. At home she likes Hispanic shrimp cocktail and her daughter-in-laws enchiladas.

Regina goes to the Cozad Assembly of God Church and enjoys going to Christian Women's club in Lexington.



Welcome to ECC

New Residents

Jessie Meyer

Staff Birthdays

Gloria Rales-DeLeon—7th

Amanda Klein—9th

Ashley Polen—9th

Patsy Martin—11th

Sarah Wolfe—26th

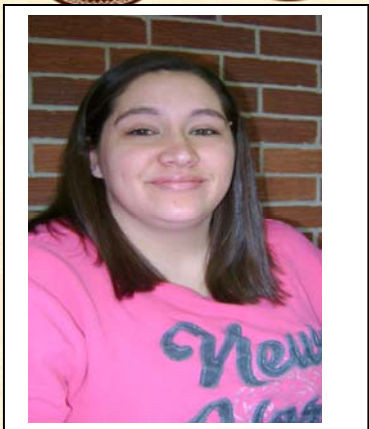
Lola Debban—27th

Residents Birthdays

Shirley Walker—12th

If you'd like to be added or taken off our mailing list, please email eccpamw@atcjet.net or call 785-3302

Excellence in Care & Compassion



We would like to welcome MaKayla Linder to the Nursing Department. She is a CNA/MA. Her hometown is Cozad, Nebraska.

MaKayla is not married and has two children, Alex and Therin. Her favorite food is Tacos.

If she could be any animal she would be a cat so she could sleep all day.

In her free time she likes to spend time with her children, go for walks and go to the park.

MaKayla doesn't belong to any clubs or volunteer anywhere.



"This group of ladies love scrabble, getting together 1-2 times a week, they even have personalized bracelets!" Pictured with the residents is staff member Molly who has been instrumental in getting the group together to play. Resident, Doris Elliott, far right states, "I never knew these ladies before I came here but we have become friends playing scrabble together."

In Loving Memory



We would like to express our sympathy to the families of Shirley Coen and Elizabeth Zimmerman. A memorial service was held in her honor.

Staff Years of Service

2 years

Dianna Linnemeyer

17 years

Kate Peterson

22 years

Cathy Hoselton

Alzheimer's is a type of dementia that causes problems with memory, thinking and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks. **Alzheimer's is the most common form of dementia**, a general term for memory loss and other intellectual abilities serious enough to interfere with daily life. Alzheimer's disease accounts for 50 to 80 percent of dementia cases. **Alzheimer's is not a normal part of aging**, although the greatest known risk factor is increasing age, and the majority of people with Alzheimer's are 65 and older. But Alzheimer's is not just a disease of old age. Up to 5 percent of people with the disease have early onset Alzheimer's (also known as younger-onset), which often appears when someone is in their 40s or 50s. **Alzheimer's has no current cure, but treatments for symptoms are available and research continues.** Although current Alzheimer's treatments cannot stop Alzheimer's from progressing, they can temporarily slow the worsening of dementia symptoms and improve quality of life for those with Alzheimer's and their caregivers. Today, there is a worldwide effort under way to find better ways to treat the disease, delay its onset, and prevent it from developing.

Help is available

If you or a loved one has been diagnosed with Alzheimer's or a related dementia, you are not alone. The Alzheimer's Association is the trusted resource for reliable information, education, referral and support to millions of people affected by the disease.

Call the **24/7 Helpline: 800.272.3900**

Visit website: <http://www.alz.org>



Photo Credit: Jonathan Skow/Corbis Outline

"How I Faced My Mother's Dementia"

Actress Kimberly Williams-Paisley hated the dementia that made her mother seem like a different person—erratic, silent, sometimes angry. Then she found a way to love that mom too.

By [Kimberly Williams-Paisley](http://www.redbookmag.com/health-wellness/advice/facing-my-mothers-dementia)

