

# *The Heart of the Matter...*

## *...Our Residents*



*Nila Nichols  
Resident of the Month*

Nila Fay Nichols was born November 4, 1921 to Bessie Wade Wellman and Chester Wellman at Spencer in northeast Nebraska. She had one sister, Thelma Ropp who is deceased.

Nila attended school in Washington State, and high school in Toppenish, Washington. She attended Bible School in Seattle. While attending school she cared for an elderly lady. In the summer she worked at Toppenish canner sorting fruit. Nila met Lynn while riding the train to Bible School. He asked if he could sit in the seat beside her. They were married July 3, 1943. To their marriage four children were born—Dan of Overton, Larry of St. Louis, MO, Darrell and Carolyn deceased. Lynn became a minister in the Assembly of God Church. They served in several churches in Nebraska. Lynn sometimes sold farm machinery or helped out on the farm to provide for his family.

Nila kept busy caring for her home and children. Lynn passed away in 1985. Nila came to us from Norfolk Assisted Living. She became part of the Elwood Care Center family on March 10, 2014. We are honored to recognize her.

*We would like to wish you all a Merry Christmas and Happy New Year.*

### Elwood Care Center Board of Directors

*Chairman, Betty Koenig  
Nina Anderson  
Dick Bennett  
Bill Monter  
Dan Stoll*





Susie Ocken is an RN and our MDS Coordinator. She has worked at Elwood Care Center for eight and has been in Long-Term Care for 25 plus years.

What Susie enjoys most about working at ECC is that we are one big family, not just employees. We all support one another through good times and bad. She appreciates the flexibility that is around when needed.

Something about ECC that people may not know is that resident choice is top priority. We individualize care according to our resident's likes/dislikes.

Her hometown is Gresham, Nebraska in York County. She has not had any of her relatives reside at the Care Center.

She is married to Dennis Ocken, Gosper County Sheriff. They have seven children, and 8 (soon to be 9) grandchildren.

*Welcome to ECC*

**New Residents**

Dorthea Yeutter

**Staff Birthdays**

Kristina Cates—7<sup>th</sup>

Beckie Fagot—15<sup>th</sup>

Dianna Linnemeyer—17<sup>th</sup>

Marilyn Burkhalter—19<sup>th</sup>

**Residents Birthdays**

Lucille “Nunny” Tysdal—6<sup>th</sup>

Jessie Meyer—11<sup>th</sup>

Russell Williams—12<sup>th</sup>

**Like us on Facebook to see what is happening at Elwood Care Center.**

If you'd like to be added or taken off our mailing list, please email [eccpamw@atcjet.net](mailto:eccpamw@atcjet.net) or call 785-3302

The Annual Resident Christmas Party will be held on Sunday, December 14<sup>th</sup>. It will be an Open House from 2-4. Please mark your calendar for this event.



### Holiday Decorating Safety Tips

We encourage you to decorate your loved one's room for the holidays as you like. Our Fire Marshall has some guidelines for us to ensure everyone's safety:

- We must use Medical Grade extension cords only, please request one from a staff member
- Lights that are UL Listed are okay, we recommend "LED" lights as they stay cooler
- Small fiber optic trees are okay
- Any decoration placed on a resident's door that opens to a corridor must be flame retardant and made of artificial materials, fresh pine arrangements are

**With the holidays approaching we would like to remind everyone if you are planning on eating with your loved one please let the kitchen know at least 3 days ahead of time so that they can have an accurate count. Your help with this is very much appreciated.**



beautiful, but the Fire Marshall says there are a hazard, sorry! No nails or tacks in doors, please use an over-the-door hook, tape, or 3M products.

-If you have any questions feel free to ask our Maintenance Supervisor, Carl Benson at 308-785-3302

*May you each enjoy the beauties of the upcoming season!!*

### Staff Years of Service

19 years

Deb Hambidge

# Elwood Care Center & Assisted Living December 2014 Event Calendar

Thursdays Are Beauty Shop Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>7 9:15 Church 9:30 Communion Family Visits Pearl Harbor Remembrance Day <b>Rhonda B. &amp; Kristina C—B</b></p>	<p>8 9:15 Devotions Christmas Joy 10:00 Refreshments 1:30 Will 4:00 Small Group 6:30 Wheel of Fortune 6:30 Ozark Mountain Christmas</p>	<p>9 9:15 Devotions Eustis Lions Bingo 10:15 Refreshments 1:30 Beauty Hour 2:30 Refreshments 6:30 Wheel of Fortune</p>	<p>10 9:15 Devotions Bible Study 10:15 Refreshments 10:30 Exercise 2:00 First Christian Church 3:00 Coffee Time 6:30 Wheel of Fortune</p>	<p>11 Allen at the Organ 9:15 Devotions Baking 10:15 Tasting <b>Staff Party</b> 6:30 Wheel of Fortune <b>Jessie M—B</b></p>	<p>12 9:15 Devotions Victorian Christmas 10:00 Refreshment 10:15 Exercise 1:30 Movie &amp; Popcorn "Angels Sing" <b>Russ W—B</b></p>	<p>13 9:15 Devotions Christmas Family Feud 10:15 Refreshments Ice Cream and Violins Day <b>Lucille "Nunny" T—B</b></p>	
<p>14 9:15 Church 9:30 Communion Family Visits 2-4 Resident s Christmas Party</p>	<p>15 9:15 Devotions Small Town Christmas Lights 10:00 Refreshments 1:30 Will 4:00 Small Group 6:30 Wheel of Fortune 6:30 Touched by An Angel <b>Beckie E—B</b></p>	<p>16 10:00 Merry Maker's Michael Lyon 1:30 Allen Sings 2:30 Gerrit's cookies 6:30 Wheel of Fortune</p>	<p>17 9:15 Devotions Pre-schooners 4 yr olds 10:15 Refreshments 10:30 Exercise 2:00 Eustis United Methodist Church 3:00 Coffee Time <b>Dianna L—B</b></p>	<p>18 Allen at the Organ 9:15 Devotions Christmas Behind the Traditions 10:15 Refreshments 12:30 All Meeing 1:30 All Staff Meeting 6:30 Wheel of Fortune</p>	<p>19 9:15 Devotions Legends of Christmas 10:00 Refreshments 10:15 Exercise 1:30 Movie &amp; Popcorn "Silent Night" <b>Marilyn B—B</b></p>	<p>20 9:15 Devotions Christmas Bingo 10:15 Refreshments National Go Caroling Day</p>	
<p>21 9:15 Church 9:30 Communion Family Visits Ann. of First Crossword Puzzle (1913)</p>	<p>22 9:15 Devotions The Crippled Lamb 10:00 Refreshments 1:30 Will 4:00 Small Group 6:30 Wheel of Fortune 6:30 L. Welk Christmas</p>	<p>23 9:15 Devotions Over the Fence Visits 10:15 Refreshments 1:30 Christmas Tea 6:30 Wheel of Fortune</p>	<p>24 9:15 Devotions A Scottish Christmas 10:15 Refreshments 10:30 Exercise 2:00 Elwood United Methodist Church 3:00 Coffee Time 6:30 Wheel of Fortune</p>	<p>25 <b>MERRY CHRISTMAS</b></p>	<p>26 9:15 Devotions Find A Word 10:00 Refreshments 10:15 Exercise 1:30 Movie &amp; Popcorn "Dogs of Christmas" 6:30 Wheel of Fortune</p>	<p>27 National Fruitcake Day</p>	
<p>27 9:15 Church 9:30 Communion Family Visits National Quilters' Day</p>	<p>29 9:15 Devotions White House Christmas 10:00 Refreshments 1:30 Will 4:00 Small Group 6:30 Wheel of Fortune 6:30 Andy Williams Christmas Show</p>	<p>30 9:15 Devotions Bingo (Win A Prize) 10:15 Refreshments 1:30 Penny Ante 2:30 Refreshments 6:30 Wheel of Fortune</p>	<p>31 9:15 Devotions 2014 in Review 10:15 Refreshments 10:30 Exercise 2:00 New Year's Party 6:30 Wheel of Fortune</p>	<p><b>Birthstone:</b> Turquoise <b>Flowers:</b> Narcissus <b>Colors:</b> Indigo and Green</p>			

**Activity Calendar  
Approved by the  
Resident Council**

**Friends and Family Welcome**

**"Special Events"**

Sign Up Sheets for Monthly Shopping Trips, Senior Center Outings, and Van Rides are located at the Social Services Office. Make sure to sign up if you'd like to attend.

- Caring Hands 1:1 Visits Provided

**Activity Director:** Carolyn Houser  
**Activity Assistant:** Rita Darnall