

# *The Heart of the Matter...*

## *...Our Residents*



***Russell Williams  
Resident of the  
Month***

Russell Williams was born in Ingham, Nebraska on December 12, 1931 to Clyde and Maude Williams. He was the youngest of nine kids. Russ was a toddler when his mother died of cancer. He went to live with his sister and her family south of Farnam.

He attended school at the Lone Star School and graduated from Farnam High School in 1949. Russ served in the Navy during the Korean War from 1951 to 1955. He served as a plane director when he was stationed on an air craft carrier with fire and rescue on the flight deck.

Russ married Charlot Davis, from Farnam, at the Nazarene Church on April 28, 1956. They purchased a farm twelve miles southwest of Eustis. In April 2011 they moved into Eustis. Russ and Charlot have two daughters, Lyanne and Scott Weissert of Elwood, Nebraska, Carolyn and Steve Hovendick of Beatrice, Nebraska, and one son, Brad and Lisa Williams of Eustis. Russ also has ten

grandkids: Mark, Mason, and Molly Weissert, Samantha, Carly, and Heath Hovendick, and Derek, Darin, Ansley, and Bladen Williams. Russ and Charlot have been busy the last few years watching all the grandkids activities in school and church.

Russ was always busy with farming and his cattle operation. He enjoyed traveling when possible. He has been a member of the Farnam American Legion and the Nazarene Church for over 50 years.



***Elwood Care Center Board of Directors***  
***Chairman, Betty Koenig***  
***Nina Anderson***  
***Dick Bennett***  
***Bill Monter***  
***Jared Wetovick***



## *In Loving Memory*

We would like to express our deepest sympathies to the families of Gen Carbaugh, Dorothy Reifschneider, and Oscar Pfeiffer. A memorial service was held in their memory

### *Holiday Decorating Safety Tips*

We encourage you to decorate your or your loved one's room for the holidays as you like. Our Fire Marshall has some guidelines for us to ensure everyone's safety:

- We must use Medical Grade extension cords only, please request one from a staff member
- Lights that are UL Listed are okay, we recommend "LED" lights as they stay cooler
- Small fiber optic trees are okay
- Any decoration placed on a resident's door that opens to a corridor must be flame retardant and made of artificial materials, fresh pine arrangements are beautiful, but the Fire Marshall says they are a hazard, sorry! No nails or tacks in doors, please use an over-the-door hook, tape, or 3M products.
- If you have any questions feel free to ask our Maintenance Supervisor, Carl Benson, 308-785-3302

*May you each enjoy the beauties of the upcoming season!!*

### **EMPLOYMENT OPPORTUNITY**

Join the ECC team! We are known for our high quality standards and are proud to be a leader in the long-term care industry. Our Dietary Department serves buffet style meals to our residents and is looking for individuals to fill Dietary Aide FT & PT positions. No experience needed, will train a dedicated, customer service oriented person. Please Contact Patsy at 785-3302, or stop in for an application.

*We'd like to thank our Elwood community and our surrounding neighbors for your support over the last 40 years. Many of you have volunteered your time, served as an employee, have resided here or have had a loved one reside here. We thank each of you & we feel honored to have been a small part of your lives.*

### **Employee Birthdays**

Kristina Cates—7th

Dianna Linnemeyer—17th

Gayle Bazzle—18th

Marilyn Burkhalter—19<sup>th</sup>

Vicki Kotschwar—22<sup>nd</sup>

### **Employee Year of Service Anniversary**

Shanna Doles—2 years

Deb Hambidge—17 years

Marlene Besmer—4 years

Brittany Fattig—2 years



The holiday season gives us an opportunity to reflect on the blessings of the past year.

We are thankful for being part of a community that values its' local businesses and strives to improve its' local economy. We are blessed to have celebrated our Care Center's 40<sup>th</sup> anniversary and our Assisted Living's 10<sup>th</sup> anniversary. The 360 combined years of service from our dedicated employees is an immeasurable blessing.

The "healthcare community" of doctors, clinics, and hospitals that we partner with to care for our residents is unmatched. Where else are you known by your first name and cared for like a long time friend?

And most of all we are thankful for each person we were able to serve, whether through the Care Center, Assisted Living, or in Therapy.

Our service to you remains our top priority.

We will strive everyday to improve our services and deliver the care our community deserves.

We hope each of you find this holiday season surrounded by those you love in good health and peace.

In Gratitude,  
Kate Reiners, Administrator

If you would like to reserve the Activity Room for family gatherings this Christmas Season, you may do so by contacting Carolyn Houser, Activity Director at 785-3302. Please call early as reservations are first come first serve. Thank you.

Pictured below are one of the groups from Elwood Public Schools that came to perform for the residents last year.



Resident December Birthdays

*Annabel Wills—6<sup>th</sup>*

*Russell Williams—12<sup>th</sup>*

*Corrine Ficken—21st*



August 2012

40 Years of Service

*Excellence in Care & Compassion*



*The best of all gifts around any Christmas tree: the presence of a happy family all wrapped up in each other. ~Burton Hillis*

*Ded-i-ca-tion-(noun) meaning devotion, the quality of being devoted or committed to something*

*1972-2012*

Elwood Care Center & Assisted Living  
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If you'd like to be added or taken off our mailing list, please email [eccpamw@atcjet.net](mailto:eccpamw@atcjet.net) or call 785-3302.

WWW.ELWOODCARECENTER.COM

These are suggestions from a lady who's husband is in a nursing home.

- Personalized cards for birthdays, Christmas, or just Thinking of You -- personally delivered.
- Pretty little doo-dads for ladies
- Snacks, as permitted.
- Hats. Ladies and men like them. I do fishing hats for the men.
- Handshakes. People like being greeted as if they're human beings rather than patients.
- Compliments. I tell all the ladies how pretty they look and try to compliment them on something specific -- a new haircut, a pretty shirt. You can tell the men how dashing or spiffy they're looking.
- Stuffed animals. You'd be surprised at the people who end up loving them.
- Videos on topics of specific interest to a resident.

The following ideas involve your time, which is more important than anything else to nursing home residents.

- Games. Play cards, hangman, tic-tac-toe, checkers, even charades... whatever games the person likes.
- Reading. We all love the sound of someone reading a book.
- 20 questions. Arm yourself with questions to ask and give the person lots of time to talk. Questions about his/her experiences are always winners.
- Grooming. Ladies like to have their nails done. Light massages are nice. Just slowly brushing someone's hair is much-needed attention and physical contact.
- Music. If you play an instrument, try doing it room by room for those who are room-bound.
- Reminiscing, talk about games you played as a child.
- Playing ball. Men especially love tossing a ball back and forth.
- In nice weather, rides outside in wheelchairs. In poor weather, do it inside. Stop to talk to others, look at and talk about bulletin boards and decorations, read menus, etc.
- Pet visits. Animals reach many people. Just be sure to check in case someone doesn't care for them.
- Deliver and read mail.
- Art. Take a child-size easel on wheels and some water paints. Anyone who can hold a paint brush can create something.
- See what sort of games and equipment the rec department has. They may have treasures full of items.

Finally, one thing I see residents eat up is just being around other people having normal conversations. Invite a few people at once and just visit. The resident may not participate but he'll still love it. It makes him feel connected to the real world.



# Elwood Care Center & Assisted Living

# December 2012 Event



**Activity Calendar  
Approved by the  
Resident Council**

**Friends & Family  
Welcome**

**Special Events**

- 10th Eustis Lions Club Bingo
- 16th Christmas Open House 2-4
- 31st Dec's All Around Sound

**Sign Up Sheets for  
Monthly Shopping  
Trips, Senior Center  
Outings, and Van Rides**

-Caring Hands 1:1  
Visits Provided

**Activity Director:**  
Carolyn Houser  
**Activity Assistant:**  
Rita Darnall

## Thursday's Are Beauty Shop Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>2 9:15 Church 9:30 Communion Family Visits</p> <p>Christian Advent Begins</p>	<p>3 9:15 Decorating Tree 10:15 Refreshments Seniors for Seniors 6:30 Wheel of Fortune 7:00 Christmas Classics</p> <p>Birthstone: Turquoise Flower: Narcissus Colors: Indigo and Green</p>	<p>4 9:15 Devotions Tater Peeling 10:15 Refreshments 1:30 Bingo (Win A Prize) 2:30 Refreshments</p> <p><b>Birthday Dinner</b></p>	<p>5 9:15 Devotions Santa's Story 10:15 Refreshments 10:30 Exercise with Stacey</p> <p>2:00 Our Redeemer Lutheran Church 3:00 Coffee Time</p>	<p>6 Allen at the Organ 9:30 Pre-schoolers 3 yr olds 10:15 Refreshments 1:00 AL Meeting 1:30 All Staff Meeting</p> <p><b>Annabel W-B</b></p>	<p>7 9:15 Devotions Christmas Carols 10:15 Refreshments 10:30 Exercise with Stacey 1:30 Movie &amp; Popcorn "The Road to Christmas" <b>Kristina C-B</b></p>	<p>8 9:15 Baking Fun 1:30 Tasting Time National Day of the Horse</p>
<p>9 9:15 Church 9:30 Communion Family Visits</p> <p>Christmas Card Day</p>	<p>10 9:15 Devotions Lions Club Bingo and Caroling 6:30 Ozark Mountain Christmas</p>	<p>11 9:15 Devotions Bingo (5c Day) 10:15 Refreshments 10:30 Movie &amp; Popcorn "Recipe for a Perfect Christmas"</p>	<p>12 9:15 Devotions Bible Study 10:15 Refreshments 10:30 Exercise with Stacey 2:00 First Christian Church 3:00 Coffee Time</p>	<p>13 Allen at the Organ 9:15 Devotions Christmas Lights Small Town USA 10:15 Refreshments 1:30 Joy to the World 2:30 Refreshments <b>Kim B-B</b></p>	<p>14 9:15 Devotions The Best Christmas Pageant Ever 10:15 Refreshments 10:30 Exercise with Stacey 1:30 Beauty Hour 2:30 Refreshments</p>	<p>15 9:15 Devotions Eustis Boy Scouts Visits National Lemon Cup- cake</p>
<p>16 9:15 Church 9:30 Communion Chocolate Covered Anything Day Resident Christmas Party 2-4</p>	<p>17 9:15 Devotions Over the Fence Visits 10:15 Refreshments 10:30 Exercise with Stacey Seniors for Seniors 6:30 Wheel of Fortune 7:00 Christmas Miracle <b>Dianna L-B</b></p>	<p>18 9:15 Devotions Bingo (Trade Day) 10:15 Refreshments 1:30 Allen &amp; Sharon Sing 2:30 Refreshments <b>Gayle B-B</b></p>	<p>19 9:15 Devotions Christmas Facts 10:15 Refreshments 10:30 Exercise with Stacey 2:00 Eustis United Methodist Church 3:00 Coffee Time <b>Marilyn B-B</b></p>	<p>20 Allen at the Organ 9:15 Devotions The Nativity Story 10:15 Refreshments 1:30 All Staff Christmas Party</p>	<p>21 9:15 Devotions Toys We Remember 10:15 Refreshments 10:30 Exercise with Stacey 1:30 Movie &amp; Popcorn "Home By Christmas" <b>Corrine F-B</b></p>	<p>22 National Date Nut Bread Day <b>Vicki K-B</b></p>
<p>23 9:15 Church 9:30 Communion Family Visits</p>	<p>24 9:15 Devotions Legends of Christmas 10:15 Exercise with Stacey 2:00 Christmas Tea</p>	<p>25 <b>Christmas Day</b> Family Christmas Dinners</p>	<p>26 9:15 Devotions Find A Word 10:15 Refreshments 10:30 Exercise with Stacey 2:00 Elwood United Methodist Church 3:00 Coffee Time</p>	<p>27 Allen at the Organ 9:15 Devotions White Christmas 10:15 Refreshments 1:30 Bean Bag Toss 2:30 Refreshments</p>	<p>28 9:15 Devotions Victorian Christmas 10:15 Refreshments 10:30 Exercise with Stacey 1:30 Movie &amp; Popcorn "Holiday Baggage"</p>	<p>29</p>